COMMUNITY LIVER ALLIANCE ™
GLOBAL AWARENESS. LOCAL IMPACT.

Annual PBC Update

OCTOBER 16, 2023
6:00 P.M. – 8:00 P.M. ET

Impact Report

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Introduction

The CLA Annual PBC Update is an interactive conference directed towards patients and caregivers.

Subject matter experts came together to educate patients and caregivers about non-invasive screening, lifestyle modification, current treatment options, PBC drug development update, healthy eating and physical activity engagement.

Primary biliary cholangitis (PBC) is an autoimmune condition in which the body's immune system harms the liver. Specifically, the immune system mistakenly attacks bile ducts, which are tubes that carry bile and other substances from the liver into the intestines.

Researchers estimated that in 2014 about 58 out of every 100,000 U.S. women and about 15 out of every 100,000 U.S. men had primary biliary cholangitis. ***(1)***

Primary biliary cholangitis is more common in:

- women than in men.
- people who are middle aged. The average age at diagnosis is 60. *(2)*
- people who are white compared with other racial or ethnic groups.
- people who have a parent or sibling—particularly an identical twin—with primary biliary cholangitis.

Doctors and patients often use the abbreviation PBC for primary biliary cholangitis. The PBC nomenclature was changed in 2015, the disease used to be called primary biliary cirrhosis.

The program was developed in conjunction with the ***Community Liver Alliance Clinical Advisory Committee***.

[1] Lu M, Zhou Y, Haller IV, et al. Increasing prevalence of primary biliary cholangitis and reduced mortality with treatment. Clinical Gastroenterology and Hepatology. 2018;16(8):1342–1350.e1. doi: 10.1016/j.cgh.2017.12.033

[2] Lu M, Li J, Haller IV, et al. Factors associated with prevalence and treatment of primary biliary cholangitis in united states health systems. Clinical Gastroenterology and Hepatology. 2018;16(8):1333–1341.e6. doi: 10.1016/j.cgh.2017.10.018

Last Reviewed March 2021

Program Goals

1. Help patients to understand and know more about their medical conditions and health situation.

2. Educate patients and caregivers with the most relevant, current, consistent and updated information.

3. Aim to provide information to assist patients and their families in the medical care and decision-making process.

4. Solicit feedback on program content and other areas of interest for future programming considerations.

Program Agenda



Alex Myint, MD
Clinical Assistant Professor of Medicine
Transplant Hepatologist
VA Pittsburgh Healthcare System

Dr. Myint graduated from Texas A&M University System Health Science Center College of Medicine in 2010.

Program Topics

- Labs And How To Understand Them
- Questions To Ask Your Providers
- New Therapies/Pipeline Drugs
- Medication Interactions
- Symptom Strategies
- Diet And Nutrition
- Transplantation Options
- Q & A

Program Recording

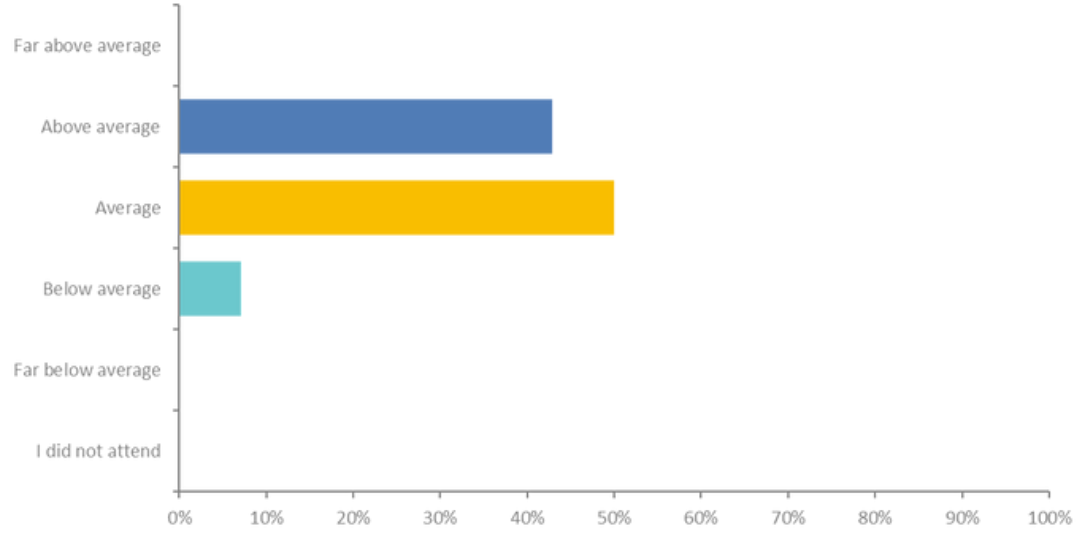




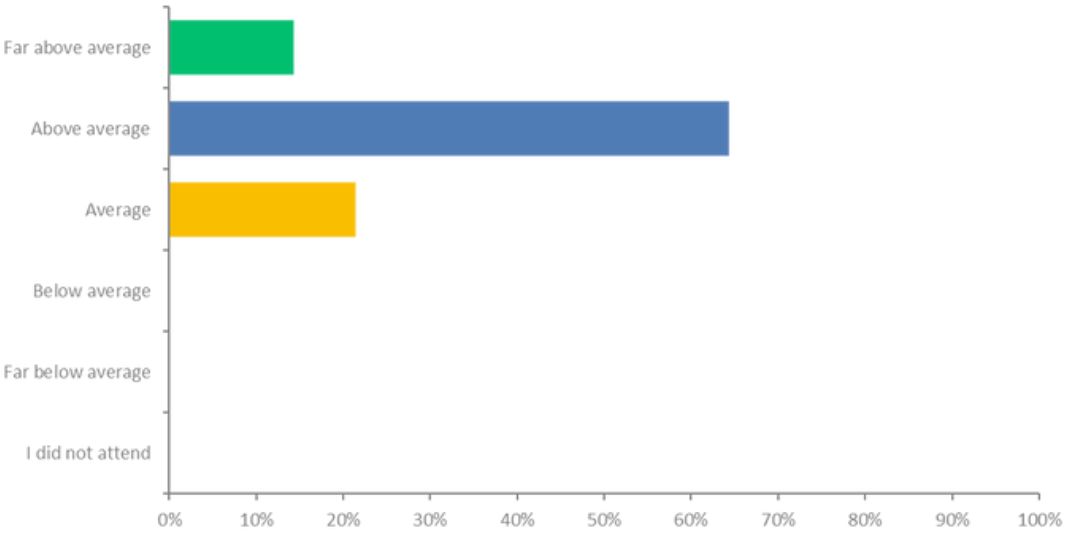
PBC PATIENT SURVEY

Survey Summary

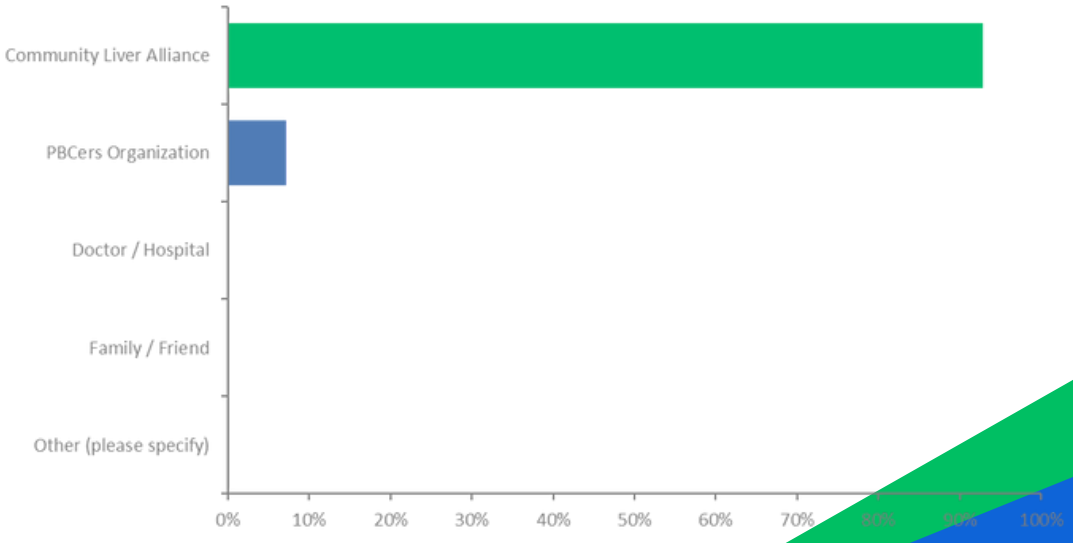
Before today's program, my knowledge of this topic was



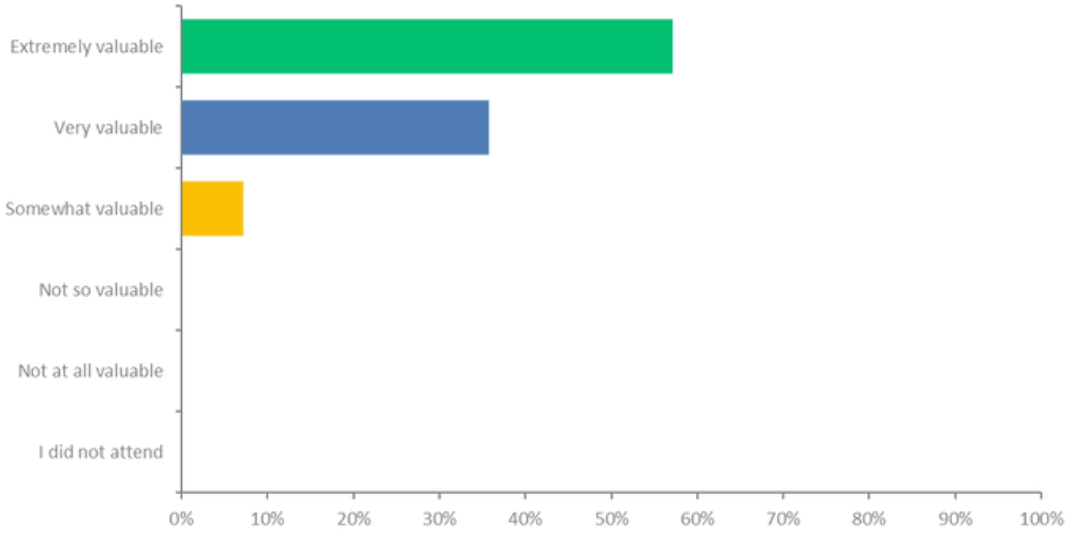
As a result of this program, my knowledge is now



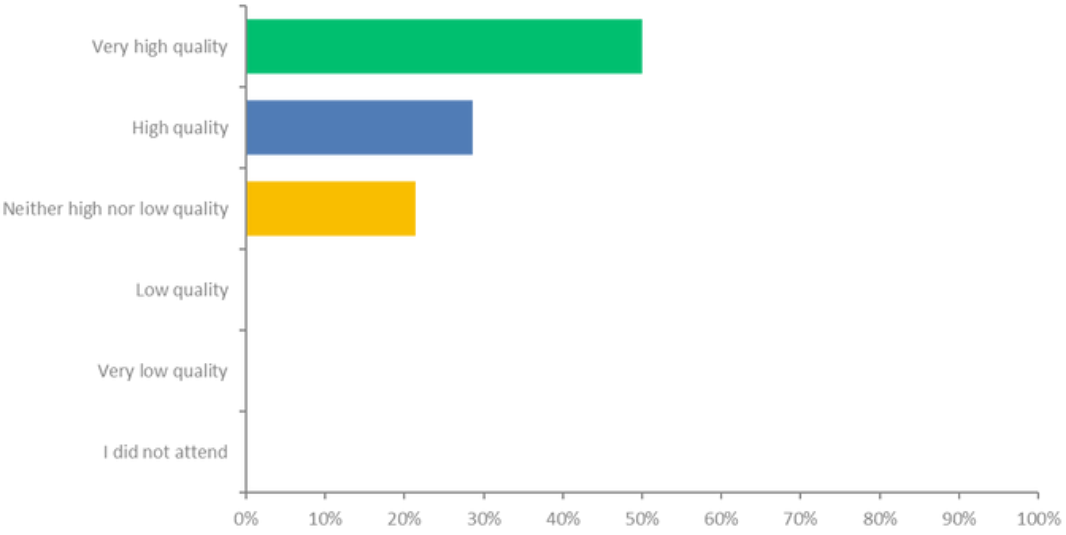
How did you hear about this program?



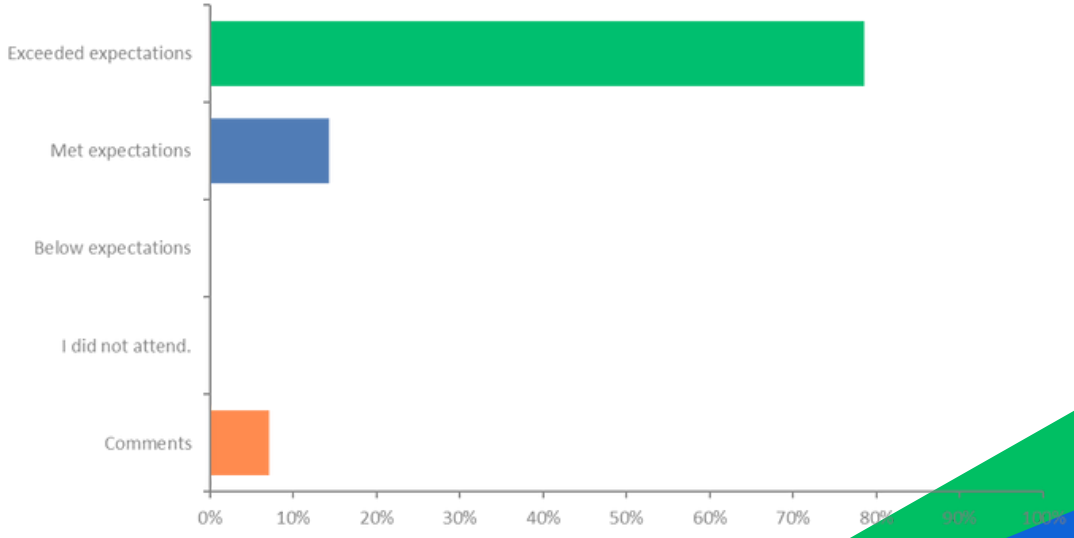
What did you think of the overall program information?



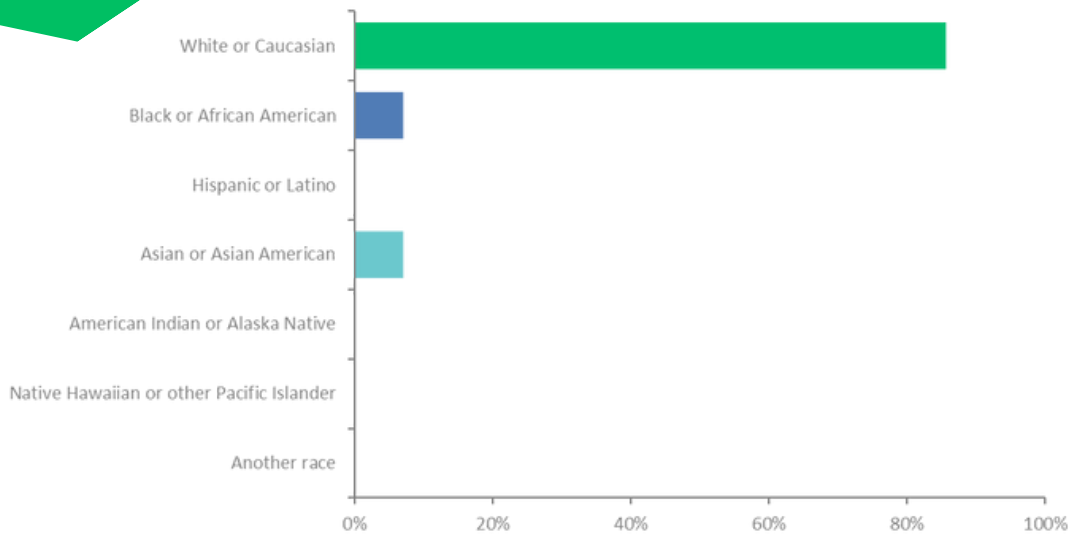
What did you think of the audio / visual of the program?



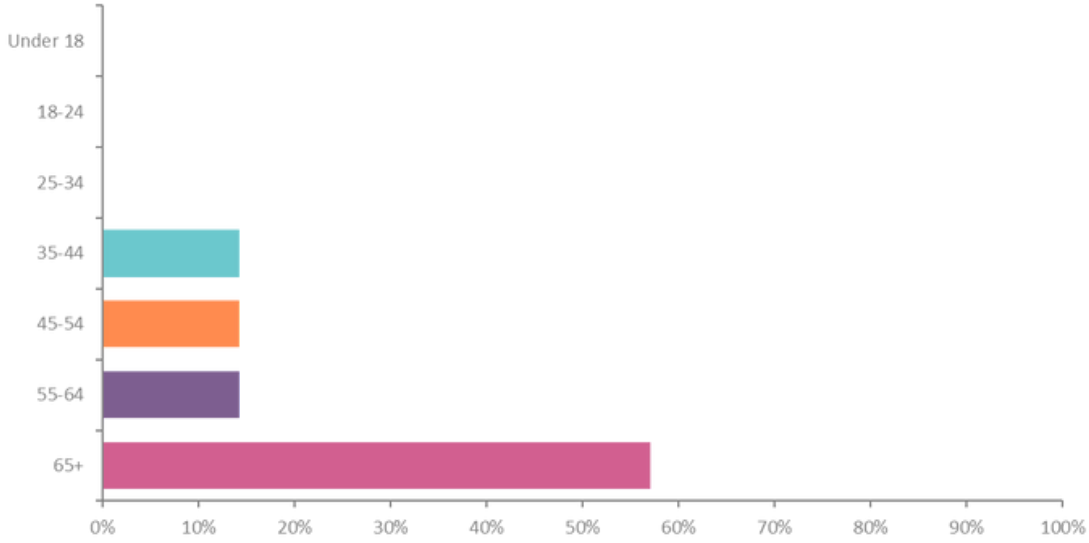
Dr. Alex Myint, UPMC:



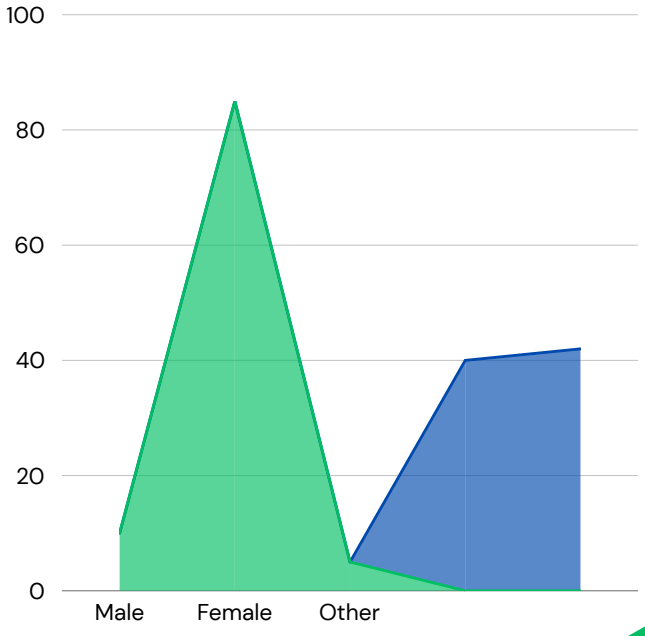
What is your ethnicity?



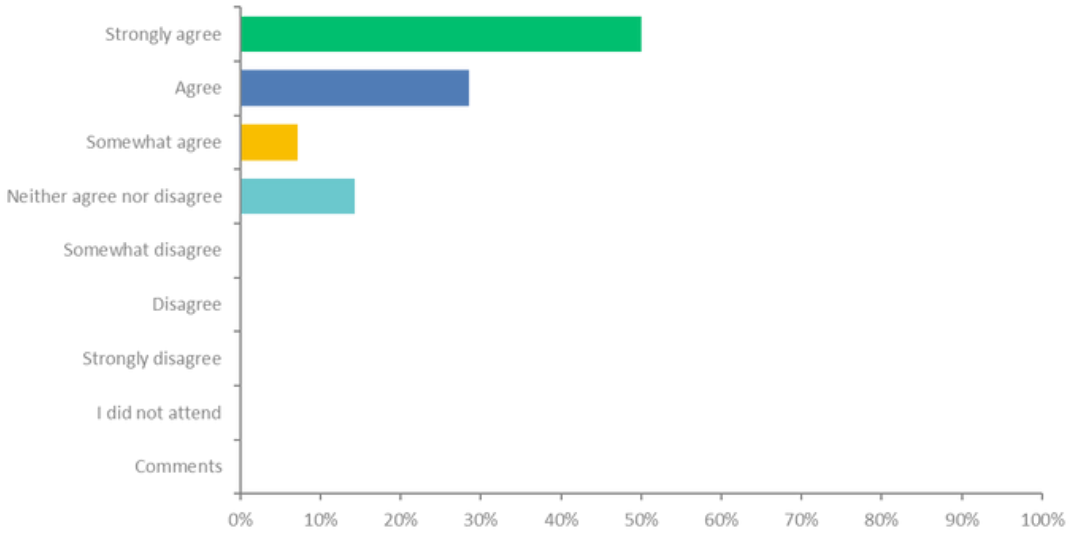
What is your age?



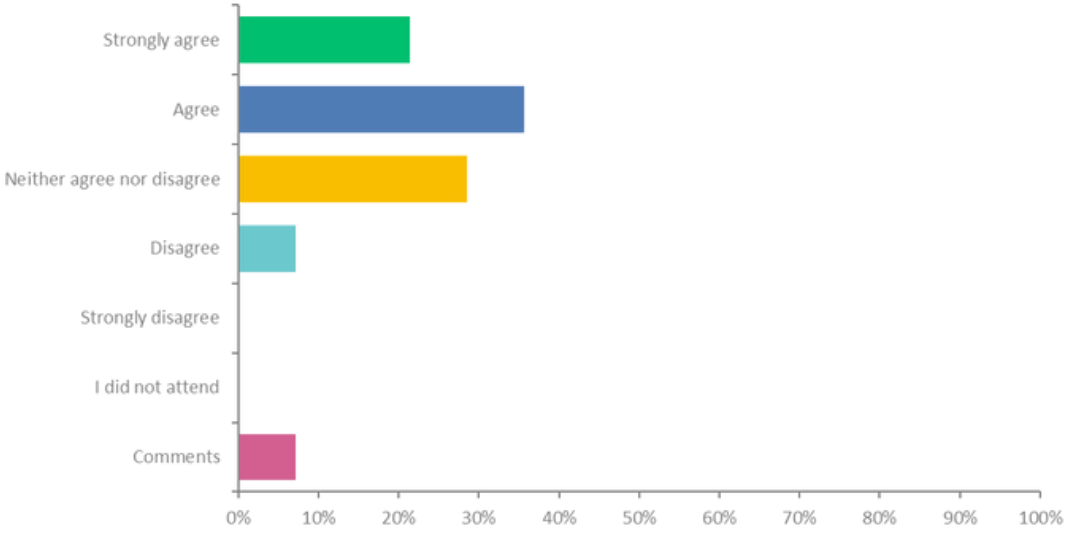
Which gender do you identify with?



As a result of my participation in this program, I have an increased knowledge of new PBC treatments, strategies and resources.



As a result of this program, I am better able to find resources and support for myself and my caregiver(s).



Do you have any other suggestions or comments for Community Liver Alliance regarding the PBC Update?

it would be preferable if participants could be told in advance by e-mail that it is most helpful to participants if questions are worded for the benefit of the whole community rather than being presented as the person's personal medical story.

THANK YOU

No, not really. It was my first one and it was very impressive and professionally done. Thank you Suzanna!

it was great

This was a good topic. Labs sometimes misunderstood.

We thank you for your ongoing support of our mission

Acknowledgements

Thank you to our expert provider presenter, Dr. Alex Myint.

Thank you to the planning committee for bringing this important program to the liver community.

Thank you to our audience for attending and participating in the breakout session solution dialogue.

Thank you to our generous supporters.

CYMABAY

Intercept

Takeda

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Contact us at Support@communityliveralliance.org
Check us out at www.comumunityliveralliance.org